

Court Report

Dues and Lesson Fees in 2025

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At the November BETC Board of Directors meeting, the Board approved some modest increases in the member dues and to lessons in 2025 in consideration of inflation, our property loan responsibilities and potential growth. Court fees will remain the same for this year.

This decision was made following a comparative review of pricing at other area tennis clubs that demonstrated we remain high

value/low cost while assuring our club remains fiscally solid.

These increases will allow BETC to make some capital improvements and continue evaluating the affordability of expansion of the facility. We continue our commitment to making The Boeing Employees Tennis Club the best indoor racquet sports value in the area.

For the Board, Ed Baker, President

Holiday Tennis Tournaments

Our Annual Holiday Tennis Tournaments are coming up in December! The Holiday Classic has NTRP skill divisions from 2.5 to 5.0. Registration opens December 1 after USTA year-end ratings are released. The Holiday Open is a USTA PNW Sectional Tournament with additional ranking points added. Entries are now open. All entrants receive a tournament t-shirt. For questions, contact Tournament Director Allan Overland at 253-872-5545 ext 31 or allan@betonline.net.



Holiday Classic (Unsanctioned)

December 16-23

Registration now open

NTRP Singles, Doubles and Mixed

USTA Holiday Open (Sectional)

December 26-30

Registration now open

Open Singles, Doubles and Mixed

Prize Money included

BETC Leagues

Fall Club Leagues end at the end of December. There are many skip days in December so make sure to check our [league page](#) or contact your League Coordinator for more information. Registration for 2025 Winter League (January-March) started November 24th and ends December 8th at 5 PM. Register on our league page now!

Contact Information

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Teaching Pros listed on Page 4

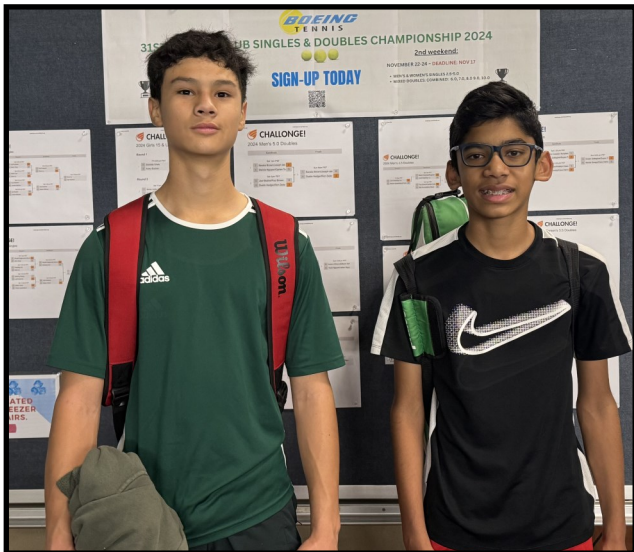
BETC Club Champions!

Congratulations to the following Champions! Thanks to all of the members that participated and Cathy Shaheen for running such a great tournament. Thank you also to Sheri Borden, Mike Lockhart, Gina Hagen, Kay Lorrain, Megan Kelton, Lyna Nguyen and Tony Shaheen for volunteering. View all the pictures from the tournament at [Instagram.com/boeingtennis](https://www.instagram.com/boeingtennis)

Men's 5.0 Singles	CT Tran
Men's 4.5 Singles	Vincent Vioria
Women's 4.0 Singles	Amy Yamamoto
Men's 4.0 Singles	Daniel Fan
Women's 3.5 Singles	Stacia Servos
Men's 3.5 Singles	Scott Leonardson
Women's 3.0 Singles	Christy Swearingen
Men's 3.0 Singles	Divakaran Jeyachandran
Women's 2.5 Singles	Valeriia Zaychenko
Men's 5.0 Doubles	Dustin Hedger/Rich Deitz
Men's 4.5 Doubles	Kevin O'Donnell/Zach Self
Women's 4.0 Doubles	Kristin Gallagher/Duyen Truong
Men's 4.0 Doubles	Daniel Fan/Brian Do

Women's 3.5 Doubles
Men's 3.5 Doubles
Men's 3.0 Doubles
Women's 2.5 Doubles
Girls 15 & Under
Girls 13 & Under
Boys 15 & Under
Boys 13 & Under
9.0 Mixed
8.0 Mixed
7.0 Mixed
6.0 Mixed

Sheri Borden/Christie Brakke
Blake Pedersen/Eugene Guber
Randy Blue/Jason Moore
Nikki Wildfang/Cara Lewallen
Avery Buchan
Shradda Chala
Evan Ly
Vikyath Raghuvier Mandalapu
Katy Nguyen/Tuan Nguyen
Cathy Shaheen/Kevin Andry
Amy Yamamoto/Blake Pedersen
Jennifer Booth/James Booth



USTA Updates

FALL USTA Leagues: A55+ Local playoffs will be December 6-8 with Sectionals June 20-22. 18+ MX DBS Local playoffs will be December 12-15 with Sectionals July 11-13

WINTER Leagues Team registrations: A40+ and Coed 18-39 team registrations DUE 12/4/24 and Winter Singles Flex League registration is DUE 1/24/25

Go to the [USTA Website](#) for more information.

BETC is proud to announce multiple BETC USTA Teams making it to the LOCAL PLAYOFFS!

Congratulations to the A55 BETC Team Hollar, finishing in 1st place, 7.0 MX DBS Team Higashi, and 7.0 MX DBS Team Troop-Lucena with both teams finishing the season with an impressive 7-1 record. We wish them all the best as they compete in the local playoffs!

Tennis on Campus Tournament

The USTA PNW "Tennis On Campus" League recently hosted a tournament at Tualatin Hills Tennis Center in Beaverton Oregon. Collegiate club teams from around the region compete in club-run tournaments and head-to-head matches throughout the academic year. Nine teams from around the PNW, including the University of Washington, Washington State University, Gonzaga and Oregon all competed in the big tournament, with over 250 total participants.

Several former BETC juniors had great success, including Misako Wongpa, who helped UW to a first place finish. Gonzaga finished third overall behind the play of Jared Zaugg and Jacob Oie. Congratulations to all three, who have qualified for Nationals!



Misako with Uncle Norm

BETC Fundraiser for JDRF

Help raise money for Juvenile Diabetes Research! Handmade tree ornaments and scarves are available for purchase on the mezzanine. These creations are provided by Club Member Sue Miele with all proceeds going directly to JDRF. *Cash, Venmo or checks payable to Sue Miele accepted.*



Pro Tip: Elbow up on the groundstroke follow through

By Allan Overland

I remember when I first took tennis lessons (back in the days of wood racquets!) that coaches often repeated the saying "low to high" when teaching the correct swing path on the ground stroke. A very good saying that I now often use (and I hear other good coaches use) to teach the correct follow through on the ground stroke is "elbow up." I use this saying to remind my students to make sure that they are effectively hitting through the ball to create more depth and power as opposed to brushing the racquet across the body too soon, which produces weaker shots that land short or in the net. Note: a player *should* brush the racquet more across the body with the elbow finishing closer to the body when *intending* to place a shot that lands shorter in the court. Here's a simple three step progression to prac-

tice perfecting a better follow through. The use of the ball machine for this is ideal.

1. Make sure that your racquet travels out to the target on the follow through so the tip of the racquet is pointing at it; your hitting arm should be fully extended when you do this. Hold the follow through with the full arm extension and the racquet pointed at the target for a second or two to "groove" the finishing point. Hit numerous shots with this focus before moving on to the next step of the progression.

2. Next, execute the same follow through where the tip of the racquet is pointing at the target (with full arm extension) for a second or two and then flip the racquet across your left shoulder (if a righty) with the elbow

finishing up high and well away from your body. Again, hold the follow through for a second or two in this position to "groove" the finishing point. Once again, hit numerous shots with this focus before moving on to the next step of the progression.

3. Lastly, execute the full stroke in one uninterrupted motion, emphasizing the extension of the arm before the racquet flips across your left shoulder, and striving to finish the stroke with your elbow finishing up and away from the body. Again, hold the follow through in this position to "groove" the finishing point.

With some good practice on this progression, you will surely hit with more depth and power on your ground strokes. Thumbs up!



Board Election

Active Share members will receive email ballots for the 2025-2026 Board of Directors on December 4. If your email address has changed, please send a note to Adrian Buchan at Adrian@betconline.net prior to December 4. Thank you for voting!

Winter Adult and Junior Class Schedule

**BOEING
EMPLOYEES
TENNIS CLUB**

6727 South 199th Pl
Kent, WA 98032

Phone: 253-872-5545

Head Pro: Allan Overland
Phone: Ext. 31
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Teaching Pro: Ryan Fike
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Teaching Pro: Wyatt Demulling
Email: wyatt@betconline.net

Teaching Pro: Kay Lorrain
Email: kay@betconline.net

Teaching Pro: Rick Valenti
Email: rick@betconline.net

ADULTS

Beginner (Club Rating 1.0-2.0)

Class	Time	Instructor
Monday	7:00 PM-8:00 PM	TBD
Sunday	3:00 PM-4:00 PM	Lorrain
Sunday	4:00 PM-5:00 PM	Lorrain

Advanced Beginner (Club Rating 2.0-2.5)

Class	Time	Instructor
Monday	6:00 PM-7:00 PM	TBD
Saturday	10:00 AM-11:00 AM	Nam
Sunday	4:00-5:30 PM	Fike

Intermediate (Club Rating 2.5-3.0)

Class	Time	Instructor
Monday	10:00 AM-11:30 AM	Fike
Monday	6:00 PM-7:00 PM	Jackson
Tuesday	12:30 PM-2:00 PM	Fike
Tuesday	8:00 PM-9:30 PM	TBD
Friday	Noon-1:30 PM	Fike

Advanced (Club Rating 3.0-3.5)

Class	Time	Instructor
Monday	5:00 PM-6:00 PM	Nam
Tuesday	6:30 PM-8:00 PM	Overland
Wednesday Dbls	11:00 AM-Noon	Martin
Wednesday	Noon-1:30 PM	Martin
Friday	11:00 AM-12:30 PM	Nam
Saturday	8:00 AM-9:30 AM	Nam

Elite Advanced (Club Rating 3.5 and up)

Class	Time	Instructor
Wimbledon Sat	1:00 PM-2:30 PM	Overland
Thursday	8:00 PM-9:30 PM	Overland

JUNIORS

10 & Under Tennis

Class	Day(s)	Time	Instructor
Red 1	Sat	10:00 AM-11:00 AM	Gastruk
Red 1	Sun	10:30 AM-11:30 AM	Martin
Red 2	Sat	9:00 AM-10:00 AM	Gastruk
Red 2	Sun	9:30 AM-10:30 AM	Martin
Orange 1	Sat	11:00 AM-Noon	Gastruk
Orange 1	Sat	2:30 PM-3:30 PM	Gastruk
Orange 1	Sun	11:30 AM-12:30 PM	Martin
Orange 2	Sat	Noon-1:00 PM	Gastruk
Orange 2	Sun	9:00 AM-10:00AM	Fike
Green	Sun	2:00 PM-3:30 PM	Fike

Levels 1-2 (Beginner/Advanced Beginner)

Class	Time	Instructor
Level 1 Saturday	2:30 PM-3:30 PM	Nam
Level 1 Tuesday	4:00 PM-5:00 PM	Nam
Level 1-2 Saturday	1:30 PM-2:30 PM	Nam
Level 2 Saturday	9:30 AM-11:00 AM	Lorrain
Level 2 Saturday	12:30 PM-1:30 PM	Nam
Level 2 Sunday	3:00 PM-4:00 PM	Lorrain
Level 2 Monday	7:00 PM-8:00 PM	Jackson

Level 3 (Intermediate)

Class	Time	Instructor
Level 3 Saturday	11:00 AM-12:30 PM	Nam
Level 3 Sunday	2:00 PM-3:00 PM	Martin
Level 3 Monday	3:30 PM-5:00 PM	Nam
Level 3 Wednesday	5:00 PM-6:30 PM	Jackson
Level 3 Friday	4:00 PM-5:30 PM	Jackson
Level 3 Friday	7:00 PM-8:30 PM	Jackson

Levels 4-5 (Advanced)

Class	Time	Instructor
Level 4 Mon	3:30 PM-5:00 PM	Jackson
Level 4 Wed	3:30 PM-5:00 PM	Jackson
Level 4 Thurs	4:00 PM-5:30 PM	Gastruk
Level 4 Fri	5:30 PM-7:00 PM	Jackson
Level 4 Sat	3:30 PM-5:00 PM	Overland
Level 4 Sun	12:30 PM-2:00 PM	Martin
Level 5 Sat	5:00 PM-6:30 PM	Nam

High Performance

Class	Day(s)	Time	Instructor
HP 1	Tues	4:30 PM-6:30 PM	Overland
HP 2	Tues	5:00 PM-7:00 PM	Jackson
HP 2	Thurs	5:00 PM-7:00 PM	Jackson
HP 3	Tues	7:00 PM-9:00 PM	Jackson
HP 3	Tues	7:00 PM-9:00 PM	Jackson