

Court Report

2024 Board of Directors and Annual Meeting

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Welcome 2024 Board of Directors!

President: Ed Baker
 Vice President: Dave Presuhn
 Treasurer: Ngoc Huynh

Secretary: Denise Dubuque
 Director: Lisa Battaglia
 Director: Nathan Nguyen
 Director: Binh Nguyen

Thank you to outgoing Director Wayne Brown for your service!
 Our Annual Meeting was held Saturday, January 27. Thank you to BETC Members, Staff and the Directors from the Board that attended. During the Financial status portion of the meeting, Lisa Battaglia detailed a very successful 2023 despite factoring in all of the new expenses associated with the property purchase in last 2022. Planning for 2024 shows continued profitability with a focus on club improvements and exploring expansion opportunities.

Membership continues to be full with approximately 90 people currently on the waitlist to join.

Contact Information

Phone: 253-872-5545
 Web: www.betconline.net

Club Director: Adrian Buchan
 Phone: Ext. 22
 Email: adrian@betconline.net

Senior Manager: Barb Whitaker
 Phone: Ext. 41
 Email: barb@betconline.net

Member Services: Tracy Lockhart
 Phone: Ext. 42
 Email: tracy@betconline.net

Activities: Cathy Shaheen
 Phone: Ext. 24
 Email: cathy@betconline.net

Pro Shop: Dave DeMulling
 Phone: Ext. 25
 Email: zstringer@hotmail.com

Front Desk:
 Phone: Ext. 01
 Email: frontdesk@betconline.net

Teaching Pros listed on Page 4



2024 Tournament Schedule

Memorial Day NTRP (18+)	May 23-27
USTA Girls Level 4	June 7-9
USTA Boys and Girls Level 6	July 19-21
USTA Boys and Girls Level 6	August 9-11
Labor Day NTRP (18+)	August 29-Sept 2
Holiday Classic	December 16-23
Holiday Open	December 26-30

Tennis Tip: Practice the Mental Game

Submitted by Allan Overland and Wyatt DeMulling



As many of you know, when he is not teaching at BETC, new staff teaching professional Wyatt DeMulling has been playing in some pro tournaments in the hopes of building on his ATP world ranking. In addition, he has been coaching former Boise State teammate Lawrence Sciglitano who has an ATP doubles ranking. Last month, Wyatt and Lawrence travelled to play in a pro tournament in Florida. While there, they had the great fortune of training for a few days with future tennis hall of famer Mike Bryan, one half of the Bryan brothers team that won 18 grand slam doubles titles together. I asked Wyatt if he could share an important tip he learned from Mike, and he came up with the following response:



“One of the biggest things I learned from the many sessions we had with Mike is to stay relaxed but intense, and always be positive with yourself. Being in a calm mind set will help you perform your best on the court. While talking to Mike about the mental side of the game, he emphasized that it is something you have to actively work on every day, like you do on a ground stroke, volley or serve. One of the key ways to work on your mental game is to constantly *talk positively to yourself*. Tell yourself you can do it and that you belong on the court with the person you are playing against, no matter how good that player is. Sometimes you may not fully believe it at first, but this is where you have to ‘fake it until you make it’; if you keep telling yourself you can do it, you will eventually believe that you can and positively change your mind set. By consistently adopting a positive mind set, it will help take your game to the next level.”

Spring
BREAK

Junior Camps
Mon-Fri, April 8-12
No Guest Fees!

Red Ball	10:00AM-11:00AM
Orange Ball	10:00AM-11:00AM
Beginner	9:30AM-11:00AM
Intermediate	11:00AM-12:30PM
Advanced	12:30PM-2:00PM

Member Registration: February 20
Guest Registration: February 25

BETC Leagues

Adult Spring League registration begins February 25th at 5pm and ends March 10th at 5pm. Register from the BETC website under Adult Leagues.

Things to keep in mind:

- Do not log in to your personal member portal to register. Just visit <https://betconline.net/betc-adult-league-registration/>
- If you want to be a SUB, do not register. Just email the coordinator.
- Make sure your contact information is correct in your personal member portal.
- Most leagues require a rating.
- Questions? Contact Cathy Shaheen at cathy@betconline.net



**ONLINE
LEAGUE
REGISTRATION**



HEAD®

HEAD Demo Night

Get ready for our HEAD Demo Night and Club sponsored Social on March 23rd 6:30-9:30pm. Lots of tennis fun with BETC Pros, food and beverages included, tons of prizes, sign-up for a free club rating or re-evaluation (email Allan Overland at allan@betconline.net). All that for just \$20 plus tax per person for kids age 10 and up and adults. We can only take 48 participants so don't delay!

Sign-up now by logging into your Account Portal or by calling the Front Desk 253-872-5545 X1.



USTA WINTER LEAGUES:

We are halfway through the Adult 40+ and Co-ed 18-39, season ends 3/10/24. Playoffs will be Mar 15-17, 2024.

WINTER SINGLES FLEX LEAGUES: runs 2/1/24-6/30/24. After booking your court at BETC within booking rules, contact Activities Coordinator Cathy Shaheen (cathy@betconline.net) to avoid additional guest fees. She will convert the reserved court to a USTA match court. This enables you to receive the USTA rates. Guest fees will be \$17/per guest, members will be \$6.50/member. If you do not convert the courts the rates will be \$27/guest and \$10/member.

USTA SPRING LEAGUES:

A18+ (Weekday) begins 3/18/24-5/31/24

A18+ (Weekend) begins 3/22/24-6/2/24

A65+ begins 4/8/24-6/14/24

For more information see the [USTA Pacific Northwest website](https://www.usta.com/en-us/Pacific-Northwest)

Group Classes • January-March

BOEING EMPLOYEES TENNIS CLUB

6727 South 199th Pl
Kent, WA 98032

Phone: 253-872-5545

Head Pro: Allan Overland
Phone: Ext. 31
Email: allan@betconline.net

Teaching Pro: Ingrid Bakke
Phone: Ext. 35
Email: ingrid@betconline.net

Teaching Pro: Jim Robison
Phone: Ext. 33
Email: jim@betconline.net

Teaching Pro: JJ Jackson
Phone: Ext. 36
Email: jj@betconline.net

Teaching Pro: Patrick Nam
Phone: Ext. 43
Email: patrick@betconline.net

Teaching Pro: Cameron Martin
Email: cameron@betconline.net

Teaching Pro: Olga Gastruk
Email: olga@betconline.net

Teaching Pro: Ryan Fike
Email: ryan@betconline.net

Teaching Pro: Wyatt Demulling
Email: wyatt@betconline.net

Teaching Pro: Kay Lorrain
Email: kay@betconline.net

ADULTS

Level 1 (Beginner, Club Rating 1.0-2.0)

Class	Time	Instructor
Monday	7:00 PM-8:00 PM	Robison

Level 2 (Advanced Beginner, Club Rating 2.0-2.5)

Class	Time	Instructor
Monday	6:00 PM-7:00 PM	Robison
Saturday	10:00 AM-11:00 AM	Nam
Sunday	6:30 PM-7:30 PM	Fike

Level 3 (Intermediate, Club Rating 2.5-3.0)

Class	Time	Instructor
Monday	10:00 AM-11:30 AM	Fike
Monday	6:00 PM-7:00 PM	Jackson
Tuesday	12:30 PM-2:00 PM	Fike
Tuesday	8:00 PM-9:30 PM	Nam
Friday	Noon-1:30 PM	Fike

Level 4 (Advanced, Club Rating 3.0-3.5)

Class	Time	Instructor
Monday	5:00 PM-6:00 PM	Nam
Tuesday	6:30 PM-8:00 PM	Overland
Wednesday Dbls	11:00 AM-Noon	Martin
Wednesday	Noon-1:30 PM	Martin
Friday	11:00 AM-12:30 PM	Nam
Saturday	8:00 AM-9:30 AM	Nam

Level 5 (Elite Advanced, Club Rating 3.5 and up)

Class	Time	Instructor
Wimbledon Sat	1:00 PM-2:30 PM	Overland
Thursday	8:00 PM-9:30 PM	Overland

JUNIORS

10 & Under Tennis

Class	Day(s)	Time	Instructor
Red 1	Sat	10:00 AM-11:00 AM	Gastruk
Red 2	Sat	9:00 AM-10:00 AM	Gastruk
Red 1	Sun	9:00 AM-10:00 AM	Martin
Red 1	Sun	10:00 AM-11:00 AM	Martin
Orange 1	Sat	11:00 AM-Noon	Gastruk
Orange 2	Sun	12:30 PM-1:30 PM	Fike
Orange 2	Sat	Noon-1:00 PM	Gastruk
Green	Sun	2:00 PM-3:30 PM	Fike

Levels 1-2 (Beginner/Advanced Beginner)

Class	Time	Instructor
Level 1 Saturday	2:30 PM-3:30 PM	Nam
Level 1 Tuesday	4:00 PM-5:00 PM	Nam
Level 1-2 Saturday	1:30 PM-2:30 PM	Nam
Level 2 Saturday	9:30 AM-10:30 AM	Lorrain
Level 2 Saturday	12:30 PM-1:30 PM	Nam
Level 2 Monday	7:00 PM-8:00 PM	Jackson

Level 3 (Intermediate)

Class	Time	Instructor
Level 3 Saturday	11:00 AM-12:30 PM	Nam
Level 3 Sunday	11:00 AM-12:30 PM	Martin
Level 3 Sunday	2:00 PM-3:00 PM	Martin
Level 3 Monday	3:30 PM-5:00 PM	Nam
Level 3 Wednesday	5:00 PM-6:30 PM	Jackson
Level 3 Friday	4:00 PM-5:30 PM	Jackson
Level 3 Friday	7:00 PM-8:30 PM	Jackson

Levels 4-5 (Advanced)

Class	Time	Instructor
Level 4 Mon	3:30 PM-5:00 PM	Jackson
Level 4 Wed	3:30 PM-5:00 PM	Jackson
Level 4 Thurs	3:30 PM-5:00 PM	Gastruk
Level 4 Fri	5:30 PM-7:00 PM	Jackson
Level 4 Sat	3:30 PM-5:00 PM	Overland
Level 4 Sun	12:30 PM-2:00 PM	Martin
Level 5 Sat	5:00 PM-6:30 PM	Nam

High Performance

Class	Day(s)	Time	Instructor
HP 5	T/Th	5:00 PM-6:30 PM	Jackson
HP 6	T/Th	6:30 PM-8:00 PM	Jackson