

COURT REPORT

THE HALF VOLLEY SUBMITTED BY BILL BARTLETT

INSIDE THIS ISSUE:

<i>Membership Corner</i>	2
<i>Fall USTA Teams</i>	2
<i>Summer Camps</i>	2
<i>Labor Day Tournament</i>	2
<i>Junior Results</i>	3-4
<i>Labor Day Tournament</i>	4
<i>August Classes</i>	5

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Teaching Pros listed on Page 5

The half volley is a fairly common shot in doubles. It is most often hit from the mid-court area, often referred to as "no man's land." Many club players struggle with this shot.

The half volley should be hit with a short backswing and an abbreviated follow through. It is almost like hitting a volley with a slightly bigger backswing and follow through, thus the name half volley.

An important key to the half volley as well as the volley is to be standing sideways as you are hitting the ball. Start out with a short backswing and concentrate on lining up your racquet strings with the incoming ball. You will need to hit the ball on the rise and push your racquet strings approximately ten inches in a straight line toward your target. It should feel like you are bumping the ball of a short hop. For a forehand half volley think of your palm pushing or bumping the ball toward your target. Make sure you bend your



knees and stay sideways. Once the ball leaves your racquet you can turn forward and head for the net. Always shift your weight into the ball as you are hitting the half volley. Once you are proficient with the shot, you can incorporate the forward movement as you swing. Stay sideways, low and under control if you move through the shot.

So remember to use a short backswing and follow through. Line up your strings to the incoming ball, Stay low and sideways and you will be surprised how easy a half volley can be.

FROM THE BOARD SUBMITTED BY DAVE PRESUHN

It's summer time and life is busy in the Pacific Northwest. With more outdoor tennis courts available around the area, it is a little easier to book a court here at the club. An additional benefit of indoor courts: no worries about sunburn. The membership roster is near capacity, but there currently is no wait list. Classes continue to be well subscribed, although there is a bit of a summer lull. Financials are still in good shape.

The Board's focus is still on improving the club experience. The members and staff on the planning committee continue active planning on club improvement projects. The design for the general upgrade to the mezzanine area has been submitted to the Board for evaluation and the project should be underway shortly. You will also notice court lighting has been improved with the replacement of bulbs over the courts. Planning is underway for a celebration of the club's 40th anniversary later in the year. You are encouraged to contact Adrian or any of the staff with any additional ideas for improving the club.

BETC was well represented this year in the 55+ Sectionals this year with five teams making a showing. Although only

one team made the final round, collectively the teams won 9 of 17 matches, and were competitive in all of them. Congratulations to all the team members!

Plenty of good junior tournament action has been seen at the club with multiple tennis tournaments this summer. It's amazing to watch such high powered talent and then realize they are going to continue to improve and be better than many of us more veteran players.

If you haven't had a lesson using the teaching staff tablet, you are missing a valuable opportunity to improve your technique. You can see your posture, footwork, and stroke technique on video in addition to the pro's feedback.

I have it on good authority that the club is a Poke-stop for the new Pokémon Go game craze. To find out what that is all about, just check out the people walking around staring at their phones. If you don't catch a Pokémon, maybe you can catch some good tennis. BETC Go!

MEMBERSHIP CORNER

SUBMITTED BY MARGARET FAIN

Deadline for League Sign-ups is Sunday, August 14

Sign-ups are now available for all fall leagues. Sign up in person or over the phone, but make sure you contact the club prior to 8 pm on Sunday, August 14 so you don't miss out on our great fall leagues!

Welcome New Members!

BETC would like to extend a warm welcome to our new members Pablo Gil & Laura Campero, Steve Cowger & Michelle Dahlen, Simran & Harmenjeet Sidhu, Jonathan Arreola, Mike & Tracy Dennis and family, Kendall Dalton, Jason Moore, Happy & Kevin Grove and family, Michael Nguyen & Myanh Doan and family, and Alena Friedrich. Welcome also to our new summer members Boyd McKittrick, Sam Kim, Barbara and Mike Duby, and Kyle Swain. We are happy to have you with us!

Club Ratings

Most leagues require a club rating, so if you don't have a club rating or want your rating reviewed, contact me asap. Your chances of getting into a league are much better if your club rating matches the level required for the league.

BETC Membership is Open

There is currently no waiting list for BETC membership. It is a great time to start a membership before we get busier this fall, so if you know anyone who wants to play indoor tennis, let them know our doors are open.

Seattle Area Cup Tennis (SACT) Doubles Leagues (also known as Cup Doubles)

Cup Doubles-BETC has four Cup Doubles teams. These teams compete against other clubs from September through early spring. Teams play weekdays about once a week and matches are timed with 3 courts playing at a time for each team. If you can play during the week and are interested in some competitive tennis, please contact me. Cup teams don't follow USTA ratings but the players on our teams range from about level 3.0-4.5. Our captains for this year are Mary Dolan, Chris Takami and Aiko Tamiya, Jan Ferrera, and Sally Wright.

Lockers

If you rented a locker, please note that the next annual fee will now be taxed. It will be billed on September 15 and due by October 1. All women's lockers are reserved, but if you to rent a men's locker, please contact Member Services.

A special thank you and good luck to Margaret Fain, who is retiring from BETC and relocating (part of the year) to California. She has lead by example as a smart, hard-working member of our team. Those that know her also see her thoughtful, gentle nature (except for when she subs for the guys that play at 12:30 on Tuesday—she shows them no mercy.) Please join me in wishing Margaret and Howie well on this exciting new adventure. She promises not to be a stranger!

-Adrian



PACIFIC NORTHWEST

FALL USTA

Good luck to the BETC teams competing this fall!

Porter	Mixed	6.0 18+
Harrell	Mixed	6.0 18+
Wheeler	Mixed	7.0 18+
Sto. Domingo	Mixed	7.0 18+
Weiser	Mixed	7.0 18+
Shaheen/Trayford	Mixed	8.0 18+
Wei	Mixed	8.0 18+
Kang	Mixed	8.0 18+
Brown	Mixed	10.0 18+
Brown	Women's	6.0 55+
Hollar	Women's	7.0 55+
Larson	Women's	7.0 55+
Blegen	Women's	7.0 55+
Ikeda	Men's	7.0 55+
Linebarger	Men's	8.0 55+
Furumasu	Women's	9.0 55+

AUGUST EVENT CALENDAR

SUBMITTED BY ALLAN OVERLAND

Summer tennis is going strong at BETC! Our summer junior camps are running through August, and, still have some room for members. The Summer Challengers Camp runs Mon-Thurs, 11-12:30pm, levels 2 and 3. The Summer Champs Camp runs Mon-Thurs, 12:30-2pm, levels 4 and up. The USTA 10 and Under Camp runs Monday and Wednesday, 2-3pm, ages 4-10 years. All offer great instruction from our USPTA certified teaching staff, and can be attended on a month long or drop in basis. A great bonus is that all three camps are offered at a 40% discount off of our regular rates!



One of our best tournaments of the year, the Labor Day tournament, is coming your way Thursday-Monday, September 1-5! Open to the public, there will be great competition in singles, doubles and mixed doubles events. You can sign up online at betconline.net (with a current USTA membership), or in person at the club's front desk. Now is the time to prepare for the tournament by sharpening your game with some great classes and workouts.

To register, or get more information for any of the classes, workouts and camps, contact me at allan@betconline.net today. Hope to see you out on the courts!

Staff Updates

Please welcome new front desk staff member Marsha Denton! Marsha has been a member of BETC since 2013 and plays regularly in classes and USTA.

Lawson Mansfield has been named the new Member Services Coordinator, moving from his current position at the front desk. You can reach him at lawson@betconline.net

Welcome Marsha and congratulations Lawson!

JULY JUNIOR RESULTS

SUBMITTED BY JIM ROBISON

The busy July junior tournament schedule started right here at BETC with the **Summer Intermediate Classic** on the 1st weekend of the month. Many of BETC's juniors participated with a few of them bringing home championships.

Boys 18 Singles - Miko Curry-Edwards defeated 3 fellow BETC members in winning the title. Calvin Vuong upset the #1 seed 6-0, 6-0 in the Semis before losing to Miko in the final. Marcus Tang won one match. Colby Vuong won the consolation bracket.

Boys 16 Singles – Kieran Zylstra made it to the final. Julian Orint won one match. Rishaan Misra lost in a close consolation final.

Boys 14 Singles – Pona Rosa won one match before losing to the #3 seed. Lucas Orint and Kaden Buchan participated.

Boys 12 Singles – Unseeded Timothy Tran upset the #1 and #2 seeds in winning the championship. Madhav Binu won one match and lost in the consolation final. Evan Buchan won a match before falling to the #2 seed in the semifinals.

Girls 18 Singles – Madeline Lu defeated her sister Katherine Lu in the final 6-2, 6-4.

Girls 16 Singles – Lily Olson lost 6-4, 7-6 in the final. Mia Rosa lost two close matches.

Girls 12 Singles – Misako Wongpa lost 7-6, 6-1 in the semifinal to the eventual champion.

Boys 18 Doubles – Calvin & Colby Vuong beat (1) Marcus Tang & Amav Sahu in the final. Mathew Arnold and Kieran Zylstra participated.

Boys 14 Doubles – Brothers Kaden & Evan Buchan and Kana & Pona Rosa lost in tough 1st round matches.

Girls 18 Doubles – Mia Rosa & Nathalie Aps upset (1) Katherine Lu & Jasmine Nesbit 9-7 before losing in the final.

The weekend of the 1st – 3rd BETC members Kaitlin Tan, Erika Ito, and Colton Weeldreyer played in the **Aces Tennis Renton River Days Junior Advanced Tournament**. Kaitlin had an outstanding tournament. She lost only 9 games in her 4 matches on her way to winning the Girls 18 Singles. In the Girls 16 Singles Erika Ito won a match before losing in the semifinals to the #2 seed. She had a better result in the Girls 18 Doubles as she and her partner won the event. Colton Weeldreyer won the 18 Boys Singles.

The weekend of the 8th – 10th the **Steamboat Tennis Club hosted the Olympia Summer Advanced Tournament**. 4th seeded Jaiya Virk upset the #1 seed before losing in the final of the Girls 18 Singles. In the Girls 14 Singles Jaiya's younger sister Meera won a match before losing a close semifinal to the #1 seed. In the Boys 18 Singles, top seeded Colton Weeldreyer dropped only 4 games in winning his second tournament in as many weeks. Bryan Thornquist won a match before losing to the 4th seed in the quarters.

Eastside Tennis Club hosted the July 10 & Under Championships on the same weekend. 6 year – old Achyuth Binu won his 1st round match before falling to the eventual Champion. In the girls division, Mari Shannon lost 2 close matches in the round robin event.

The North Central Washington LocalTel Jr. Advanced & Intermediate tournament was held in Wenatchee. In the Girls 18 Advanced Singles, Jaiya Virk and Misa Takami met up in the final, with Jaiya coming out the winner. Sisters Madeline and Katherine Lu played in the Girls 18 Intermediate Singles. Madeline upset the #1 seed on her way to winning the event. Katherine lost her opening match but bounced back to win 3 matches and win the consolation bracket. In the Girls 16 Intermediate Singles Lily Olson won the event. Brigget Lee won her first round match. Meera Virk won one match in the Girls 14 Advanced Singles. Hayden Wood made it all the way to the final of the Boys 16 Intermediate Singles. Included in Hayden's run to the final was a tight 3 set win over Julian Orint in the semis.

Several BETC Juniors made the trip to **Spokane for the Spokane Club Summer Classic** from July 15 – 17.

Top seeded Kieren Zylstra was injured during his 1st round match and was forced to withdraw from further play in the consolation round of the Boys 16 Intermediate Singles. In the Boys 14 Intermediate Singles Kana Rosa lost in the final following his upset of the #2 seed. Pona Rosa made it to the consolation final. Kaden Buchan participated. In the Boys 12 Singles Evan Buchan won a 10-8 third set tie-breaker in the final to win the champi-

Continued on next page.

JUNIOR RESULTS (CONTINUED)



BETC Juniors at the Spokane Club Summer Classic

onship. Evan teamed with brother Kaden to compete in the Boys 16 Doubles. Kana & Pona Rosa won a round in the Boys 16 Doubles event. Misa Takami upset the # 2 seed 6-0, 6-1 in the Girls 18 Advanced Singles before losing in the second round. Mia Rosa made it to the final of the Girls 16 Intermediate Singles.

Some of the best junior players in the northwest played in the **Washington State Junior Advanced**. In the Girls 14 Singles, top seed Corina Popa was forced to withdraw due to injury prior to her semifinal match. Meera Virk participated. In the Girls 12 Singles, Martina Antich won her 1st round match before falling to the #1 seed in her second round. Bianca Popa and Isabella Leon participated.

In Boys singles, Ryan Meredith and Jake Kim played in the 18's. Francis Viloría lost a tough three set opening round in the 16's.

July 22-24, Bryan Thornquist upset the #3 seed in the quarterfinals of the Boys 18 Singles at the **Kitsap County Summer Advanced Tournament** in Bremerton. Bryan lost to the second seed in the semis.

July 29 – 31 Boeing Summer Junior Advanced

Boys 18 Singles – Ryan Meredith and Jake Kim each won their 1st round matches. Kieran Zylstra participated.

Boys 16 Singles - Martin Lim won his 1st round match. Francis Viloría won the consolation round. Marcus Tang, Calvin Vuong and Colby Vuong participated.

Girls 18 Singles - #2 Seed Jaiya Virk won the tournament.

Girls 16 Singles – Erika Ito won 2 matches before losing a 10-8 third – set tiebreaker in the semifinal. #2 seed Jade Lancaster won a round before losing her quarterfinal match. Sophie Wu lost to the #1 seed.

Girls 14 Singles – #1 seed Corina Popa needed to win 3rd set tiebreakers in her semifinal and final matches to take the tournament. Meera Virk lost 2 close matches.

Girls 12 Singles – Bianca Popa lost her 1st match, but made it to the consolation final. Misako Wongpa and Isabella Leon played hard but lost both of their matches.

Boys 18 Doubles – Miko Curry-Edwards & Alex Bouparath beat Ryan Meredith & Jake Kim 8-6, but lost in the final to the # 1 seeds.

Boys 16 Doubles – Calvin & Colby Vuong lost their opening round match 8-3.

Girls 18 Doubles - # 1 seeds Jade Lancaster & Brooke Fager won the tournament.

Girls 14 Doubles - # 1 seeds Erika Ito & Amelia Asfaw won 3 matches in winning the tournament. Meera Virk & Annika Renganathan won their opening match. Sophie Wu & Kylie Choi lost their 1st.

Congratulations to all of our juniors on all of their outstanding performances and continued hard work.



**HIGHLINE COLLEGE
ATHLETICS**

Home of the Thunderbirds

BETC will proudly serve as the home courts for the newly formed Highline College Women's Tennis Team this Fall! Follow the team on their official website and Facebook page.

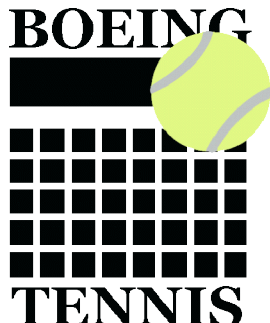
<https://athletics.highline.edu/wtennis/>

<https://www.facebook.com/highlinewomenstennis>

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GROUP CLASSES—AUGUST

JUNIORS

10 & Under Tennis (QuickStart)

Class	Day(s)	Time	Instructor
Red 1	Sat	10:00 AM-11:00 AM	Robison
Red 2	Sat	9:00 AM-10:00 AM	Robison
Orange	Sat	11:00 AM-Noon	Robison
Green	Sat	Noon-1:00 PM	Robison
Green	Wed	5:30 PM-6:30 PM	Robison

Level 1 (Beginner)

Class	Time	Instructor
J1 Saturday	CANCELLED	

Level 2 (Intermediate)

Class	Time	Instructor
J2 Saturday	Noon-1:00 PM	Bartlett

Level 3 (Advanced Intermediate)

Class	Time	Instructor
J3 Monday	CANCELLED	
J3 Wednesday	5:00 PM-6:30 PM	Bartlett
J3 Friday	4:00 PM-5:30 PM	Bartlett
J3 Friday	8:00 PM-9:30 PM	Bartlett
J3 Saturday	10:30 AM-Noon	Bartlett

Level 4 (Advanced)

Class	Time	Instructor
J4 Thursday	6:30 PM-8:00 PM	Overland
J4 Sunday	5:00 PM-6:30 PM	Robison
HS Vars. Sat	3:30 PM-5:00 PM	Overland
HS Vars. M/W	3:30 PM-5:00 PM	Jackson

High Performance

Class	Day(s)	Time	Instructor
HP 2	T/Th	5:00 PM-6:30 PM	Jackson
HP 3	T/Th	6:30 PM-8:00 PM	Jackson
Matchplay Tues		8:00 PM-9:30 PM	Jackson
Matchplay Thur		8:00 PM-9:30 PM	Jackson

Sunday League with Coaching

Class	Day(s)	Time	Instructor
Level 3-4	Sun	3:30 PM-5:00 PM	Cotton

ADULTS

Level 1 (Beginner, Club Rating 1.0-1.9)

Class	Time	Instructor
A1 Monday	7:00 PM-8:00 PM	Robison

Level 2 (Advanced Beginner, Club Rating 2.0-2.4)

Class	Time	Instructor
A2 Monday	6:00 PM-7:00 PM	Robison
A2 Tues/Thurs	CANCELLED	

Level 3 (Intermediate, Club Rating 2.5-3.0)

Class	Time	Instructor
A3 Monday	6:00 PM-7:00 PM	Bartlett
A3 Sunday	12:30 PM-2:00 PM	Robison

Level 4 (Advanced Intermediate, Club Rating 3.0-3.5)

Class	Time	Instructor
A4 Monday	5:00 PM-6:00 PM	Bartlett
A4 Tuesday	6:30 PM-8:00 PM	Overland
A4 Wednesday	Noon-1:30 PM	Bartlett
A4 Friday	CANCELLED	
A4 Saturday	8:00 AM-9:00 AM	Bartlett
A4 Sunday	3:30 PM-5:00 PM	Robison

Level 5 (Advanced, Club Rating 3.5 and up)

Class	Day(s)	Time	Instructor
WW	Fri	6:30 PM-8:00 PM	Overland
WW	Sat	1:00 PM-2:30 PM	Overland
Games	Sun	12:30-2:00 PM	Cotton

Workouts

Class	Day(s)	Time	Instructor
Mon Morn		CANCELLED	
Mon Nt		7:00 PM-8:00 PM	Bartlett

Cardio Tennis

Saturday Afternoon	2:30 PM-3:30 PM	Cotton
Wednesday Evening	6:30 PM-7:30 PM	Cotton

USTA/Cup Coaching

Saturday Afternoon	2:00 PM-3:30 PM	Robison
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