

# COURT REPORT

## BETC WELL REPRESENTED AT HIGH SCHOOL STATE CHAMPIONSHIPS

### SUBMITTED BY JIM ROBISON

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#### Contact Information

Phone: 253-872-5545  
 Web: [www.betconline.net](http://www.betconline.net)  
 Facebook.com/BoeingTennis

Club Director: Adrian Buchan  
 Phone: Ext. 22  
 Email: [adrian@betconline.net](mailto:adrian@betconline.net)

Membership: Margaret Fain  
 Phone: Ext. 24  
 Email: [margaret@betconline.net](mailto:margaret@betconline.net)

Pro Shop: Dave DeMulling  
 Phone: Ext. 25  
 Email: [dave@betconline.net](mailto:dave@betconline.net)

Front Desk:  
 Phone: Ext. 1  
 Email:  
[frontdesk@betconline.net](mailto:frontdesk@betconline.net)

Teaching Pros listed on Page 5

The high school tennis season ended with State Championship tournaments played over Memorial Day weekend. As in years past, BETC was well represented with many of our juniors placing in the top 8 and one of our juniors winning a state championship.

#### 3A Girls

Congratulations to freshman **Jade Lancaster** from Sumner High School for winning the Girls 3A State Singles Championship. Jade won 4 matches, including a tough three setter against favorite Viv Daniel of Lakeside in the Semis, and then knocked off Interlake's Angela Le 7-6, 6-0 in the final to claim the title. **Misa Takami** qualified for state in Girl's Singles for the second straight year for Hazen High School. Misa had a tough draw, with both of her opponents ending up placing in the top 6.

#### 3A Boys

In Boys singles, Auburn's **Bryan Thornquist** easily won his first match against Jeremy Ansdell of Mountlake Terrace, 6-1, 6-0 before losing to eventual state champion Zach Fleishman of Bellevue. Bryan bounced back in the first round of consolation to beat Mercer Island's Nils Harper 6-1, 6-0. He then lost a close three - setter in the 4th/7th place match to Will Yallup from O'Dea.

#### 4A Boys

**Garret Merz** and partner Blake Wilcox of Stadium won 2 rounds before losing a tough match in the semifinals 5-7, 3-6 to Payton and Alex Namba, the eventual state champions from Newport. They finished in 6th place after losing in the 3rd/6th place match 4-6, 4-6 to Joe Lyon and Kane Vu of Bellarmine Prep.

#### 4A Girls

Thomas Jefferson Freshman **Ally Peterson** teamed with Crystal Lee to claim a 3rd place finish at State with their only loss being to the eventual champions in the Semifinals. **Kathryn Araki** and partner Danielle Mendoza of Kentwood lost their opening match, but then went on to defeat Hannah Meitzner/Candace

Han of Jackson High 6-2, 4-6, 6-1 in the first round of consolation. They played another long three set match in the next round, falling one match short of making it to the 6th/8th place match in losing to the team from Wenatchee 4-6, 6-4, 0-6.

#### 1B/2B/1A Boys

**Griffin Welsh** of Charles Wright Academy won 3 matches on his way to the finals. Griffin battled hard in grinding out 6-4 third set victories in his quarterfinal and semifinal victories. Those tough matches might have taken their toll, as unfortunately Griffin was forced to retire in the third set of the championship match due to injury.

Congratulations to all of these players for their outstanding efforts and achievements this year. Many more of our juniors made their first high school team, played at the Varsity level or qualified for League and District Tournaments. BETC is proud of all of these great kids.

#### BETC Junior Advanced Tournament

Over the weekend of June 10-12 BETC once again hosted the Northwest Washington Junior Advanced Tournament. The tournament draws some of the best junior players from the Pacific Northwest. Many juniors from BETC participated and had strong performances.

Jade Lancaster followed up her state championship week-



State Champ Jade Lancaster

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# MEMBERSHIP CORNER

SUBMITTED BY MARGARET FAIN

## Welcome New Members!

BETC is delighted to welcome our new members Piper Laymen, Ruthann Nelson & James Cox, Patrick & Amy McDonald, Richard Hanson, Catherine Dennis, Nick Wecker, and Jeremy & Lisa Millard and family. A big warm welcome also to our new summer members: James and Joanne Winegar, Susan Gehrke, Sherry Gao, Jonie Dang and Cristian Panga, Molly Mayer, Justin Canada, Bob Engelhardt, and David and Sharon Brown. Enjoy your time at BETC!

## Summer BETC Membership

Summer memberships are available at BETC from Memorial Day through Labor Day. If an applicant lists you on their summer application as the member who referred them to BETC, you will receive a \$25 loyalty card once their application is

processed.

## REMINDER-FALL USTA Deadline is July 20

The fall season that includes Adult 55+ and Mixed 18+ teams is a busy one at BETC. The number of teams may be limited due to court availability. Last year we were right at the limit for the number of teams that we can accommodate. If you would like to captain a USTA team this fall, contact me by JULY 20. If your team is approved, I will email a link for a confirmation form that you submit online.



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Summer Memberships now available! We appreciate your referrals and will add \$25.00 to your Loyalty Card for any new member that lists you as a reference.

# JUNE EVENT CALENDAR

SUBMITTED BY ALLAN OVERLAND

June is here and so are some great special events for our members! We are pleased to bring back our popular adult **USTA High Performance Clinics**, with the 2.5-3.0 clinic running Saturday, June 18th from 9:30-12:30pm, and the 3.5-4.0 clinic running Saturday, June 25th from 9:30-12:30pm. In addition to being USTA High Performance Certified Coaches, pros Allan Overland and JJ Jackson have professional tennis, NCCA Division I playing and coaching experience between them, and will bring this experience to each clinic. To ensure that the world class concepts are well learned and each player will get to hit a high number of balls, each clinic will be limited to just 12 players (4 players per court/pro). Make sure to sign up right now to save your spot!



What was it like to play with a wood racquet back in the day? Well, it was challenging, and it was also fun! On Saturday, June 25th, it is time to raid your closet and pull out your old wood racquet (or we can provide you with one) to wield at our Wood Racquet Night social, slated for Saturday, June 25, from 6:30-9pm. There will be fun games and drills with the pros, organized match play and snacks and beverages thrown in, all for only \$10.00. Members ages 14 years and up are warmly invited. Also, upon request, complimentary club member ratings will be provided. Don't miss the fun; it will be a "classic" night of tennis and fun! To register for either event, contact the club at (253) 872-5545 (ext. 1), or sign up at the front desk.

Our popular **Junior Summer Tennis Camps** return in July, but registration begins June 20. Once again, we will be reducing rates by up to 40% and guest fees are waived. All kids who sign up for a full month receive a free t-shirt and a cool nylon backpack!

For more information on these or other events, please feel free to contact me at [allan@betconline.net](mailto:allan@betconline.net). Hope to see you out on the courts!



Break out your antique tennis equipment for our Wood Racquet Social, Saturday June 25. The cost is just \$10.00 and food and beverages will be provided.

## FROM THE BOARD

### SUBMITTED BY DAVE PRESUHN

Welcome to June in the Pacific Northwest. Some days it's hot, some days it's not, but inside the club, it's ready for tennis. The membership roster continues to be full with names on the waiting list. Classes continue to be well subscribed. Financials are in good shape. Life is good.

The Board's current focus is on improving the club experience. The members and staff on the planning committee are fully engaged and active planning is underway on club improvement projects. You have probably already noticed the attractive new awnings over the entry doors. Potholes are being repaired in the parking lot. A preliminary design is being developed for a general upgrade to the mezzanine area. In addition, a tablet was acquired to aid the teaching staff in improving student technique. Being able to see your serve or strokes on video adds a whole new dimension to the lesson experience. Check it out at an upcoming lesson. Meanwhile, you are encouraged to contact Adrian or any of the staff with additional ideas.

The subject of lead in school water supplies has been a hot news topic of late. To make sure the club has no problem, Adrian requested the city of Kent to check the club's water system. An unfiltered faucet sample yielded a level of 3.04 ppb. The FDA limit on bottled water is 5.0 ppb. The level at which action is required is 15.0 ppb. It's nice to know our water supply is well within safety limits!

Plenty of good junior tournament action can be seen at the club with the NW WA Junior Tennis Championships (June 11) and the Summer Intermediate Classic Junior Championships (July 1-3). For those with nostalgia for the good old days, the Wooden Racquet Night Social on June 25<sup>th</sup> is just for you.

Congratulations and good luck to all the teams moving on to Sectionals. BETC is well represented this year. And for those members (you know who you are) who have managed to snag Wimbledon tickets, you owe us a postcard or at least a selfie.

## THE SPLIT STEP

### SUBMITTED BY BILL BARTLETT

The split step allows you to move explosively around the court in any direction, but for it to be effective, you need to time it right.

The split step is one of the most important aspects of good footwork in tennis. Most club players mistime their split step or struggle with having a good split step.

The timing of the split step is very important. A lot of club players split step too early or too late. If you split step too early you will become stagnant on the court. By making your split step too early all your body weight gets planted into the court. This makes it difficult to get moving again. Ideally you want to land your split step at the exact moment your opponent hits the ball. Your feet should be about shoulder width or wider and you should land on your toes. You should also be in a low stance. You will only be in this stance for a split second and then you should spring in the direction of the incoming ball. As your opponent is about to swing at the ball you should jump forward into your split step, landing on your toes at the same time your opponent's racket hits the ball. Your jump into your split step should only be one to two inches off the ground. Make sure you land in a low stance and then immediately move toward the ball.

If you watch a professional baseball game the outfielders also use a split step similar to tennis. They all land their split step when the bat hits the ball. If you split step too late you will be off balance. So to improve your foot work make sure to time your split step correctly. Start your



**Roger Federer shows the return of serve split step.**

split step by jumping up about an inch landing in a low stance on your toes at the same time your opponent hits the ball. You will then be able to move effectively to the ball.

## JUNIOR RESULTS (CONTINUED)

end with another championship in the Girls 16 Singles. Jade, unseeded in this tournament, defeated fifth seed fellow BETC junior **Jaiya Virk** in the final 6-1, 6-4. Jade and partner Bridget Angier also took the Girls 16 Doubles crown, winning 3 matches. Top seeds Jaiya Virk and her partner Shreya Muhard won their first match before being upset in the semifinals of the 16 Girls doubles.

**Amol Koli**, who's been dominating in Boys 14's this year, moved up in age to play in the Boys 16 Singles. Unseeded Amol upset the #3 seed before losing in a third set tiebreaker to the #1 seed and eventual champion. Amol teamed with partner Thomas Paulsell to win the Boy's 14 Doubles.

**Francis Vloria** entered the Boys 16 Singles as the #5 seed. Francis won his first round before being upset in his next match. He came back to win 3 more matches and win the consolation bracket.

**Erika Ito** was the #2 seed in the Girls 14 Singles draw. She won 3 matches before losing to the top seed in the final. Erika and partner Amber Edmonds knocked off the #2 seeds in the finals of the Girls 14 Doubles.

**Misako Wongpa** playing in her first advanced tournament, won her first round match with a 13-11 third set tiebreaker victory in the Girls 12 Singles division. She then lost a tough match to the #4 seed.

Nine year old **Isabella Leon**, also playing in her first advanced 12 Singles tournament won one match in the consolation round. Isabella then teamed with Misako Wongpa to win a match in the Girls 12 Doubles before losing their second match to the #1 seeds.

Other participants were **Marcus Lee** in Boys 18 Singles, **Meera Virk** and **Sophia Wu** in Girls 14 Doubles. Great playing everyone!

## MEMBERSHIP CORNER (CONTINUED)

The confirmation forms must be submitted to USTA by August 1.

### USTA News

Congrats to Rocky Gutierrez's 40+ 4.0 team for advancing to the regional playoffs that were held earlier in June. They won their first round before losing in the second round. Great season, Rocky and all! Just this past weekend, Chan Han's 4.5 team and Arlene Flor's 3.5 team competed in the 18+ regional playoffs. They didn't advance to the next level, but had impressive regular season records.

BETC will be represented at the 55+ Sectional Championships in Beaverton, Oregon from June 23-26 by five of our teams! Congratulations to the following teams: Di Brown (6.0), Barb Cotton (7.0), Ramona Schraeder (9.0), Steve Ikeda (7.0) and Ron Linebarger. From June 26-29, Craig Riggs' team will be competing in the 65+ Sectional Championships in Beaverton. Best of luck to all and have fun!

### Mark Your Calendar for Fall League Sign-ups

Sign-ups for our popular fall leagues are August 1-14. Last year some members were busy enjoying

summer and missed sign-ups completely. Remember to fit league sign-ups into your summer schedule! If you are going to be out of town, you can call the front desk or have a trusted friend sign you up.

### 3rd Quarter Dues

Dues for 3rd quarter will be added to your account this Wednesday, June 15th. Expect an emailed statement on June 16th. If you have requested paper statements, expect those to be mailed on June 16. If you don't receive your emailed statement on June 16, please contact me. Payment is due by July 1.

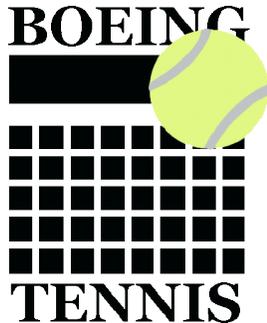
### Upcoming Events

June 16	Quarterly Dues Sent
June 18	2.5-3.0 High Performance Clinic
June 25	3.5-4.0 High Performance Clinic
June 25	Wood Racquet Social
July 1-3	Junior Intermediate Tournament
July 5	Start of Summer Tennis

**Boeing Employees  
Tennis Club**

6727 South 199th Pl  
Kent, WA 98032

Phone: 253-872-5545



Head Pro: Allan Overland  
Phone: Ext. 31  
Email: allan@betconline.net

Head Asst. Pro: Bill Bartlett  
Phone: Ext. 32  
Email: bill@betconline.net

Assistant Pro: Ingrid Bakke  
Phone: Ext. 35  
Email: ingrid@betconline.net

Assistant Pro: Jim Robison  
Phone: Ext. 33  
Email: jim@betconline.net

Assistant Pro: JJ Jackson  
Phone: Ext. 36  
Email: jj@betconline.net

Assistant Pro: Daniel Cotton  
Email: dan@betconline.net

Assistant Pro: Patrick Nam  
Email: patrick@betconline.net

## GROUP CLASSES—JUNE

### JUNIORS

#### 10 & Under Tennis (QuickStart)

Class	Day(s)	Time	Instructor
Red 1	Sat	10:00 AM-11:00 AM	Robison
Red 2	Sat	9:00 AM-10:00 AM	Robison
Orange	Sat	11:00 AM-Noon	Robison
Green	Sat	Noon-1:00 PM	Robison
Green	Wed	5:30 PM-6:30 PM	Robison

#### Level 1 (Beginner)

Class	Time	Instructor
J1 Saturday	1:00 PM-2:00 PM	Bartlett

#### Level 2 (Intermediate)

Class	Time	Instructor
J2 Saturday	Noon-1:00 PM	Bartlett

#### Level 3 (Advanced Intermediate)

Class	Time	Instructor
J3 Monday	3:30 PM-5:00 PM	Bartlett
J3 Wednesday	5:00 PM-6:30 PM	Bartlett
J3 Friday	4:00 PM-5:30 PM	Bartlett
J3 Friday	8:00 PM-9:30 PM	Bartlett
J3 Saturday	10:30 AM-Noon	Bartlett

#### Level 4 (Advanced)

Class	Time	Instructor
J4 Thursday	6:30 PM-8:00 PM	Overland
J4 Sunday	5:00 PM-6:30 PM	Robison
HS Vars. Sat	3:30 PM-5:00 PM	Overland
HS Vars. M/W	3:30 PM-5:00 PM	Jackson

#### High Performance

Class	Day(s)	Time	Instructor
HP 2	T/Th	5:00 PM-6:30 PM	Jackson
HP 3	T/Th	6:30 PM-8:00 PM	Jackson
Matchplay Tues		8:00 PM-9:30 PM	Jackson
Matchplay Thur		8:00 PM-9:30 PM	Jackson

#### Sunday League with Coaching

Class	Day(s)	Time	Instructor
Level 3-4	Sun	3:30 PM-5:00 PM	Cotton

### ADULTS

#### Level 1 (Beginner, Club Rating 1.0-1.9)

Class	Time	Instructor
A1 Monday	7:00 PM-8:00 PM	Robison

#### Level 2 (Advanced Beginner, Club Rating 2.0-2.4)

Class	Time	Instructor
A2 Monday	6:00 PM-7:00 PM	Robison
A2 Tues/Thurs	CANCELLED	

#### Level 3 (Intermediate, Club Rating 2.5-3.0)

Class	Time	Instructor
A3 Monday	6:00 PM-7:00 PM	Bartlett
A3 Sunday	12:30 PM-2:00 PM	Robison

#### Level 4 (Advanced Intermediate, Club Rating 3.0-3.5)

Class	Time	Instructor
A4 Monday	5:00 PM-6:00 PM	Bartlett
A4 Tuesday	6:30 PM-8:00 PM	Overland
A4 Wednesday	Noon-1:30 PM	Bartlett
A4 Friday	6:30 PM-8:00 PM	Bartlett
A4 Saturday	8:00 AM-9:00 AM	Bartlett
A4 Sunday	3:30 PM-5:00 PM	Robison

#### Level 5 (Advanced, Club Rating 3.5 and up)

Class	Day(s)	Time	Instructor
WW	Fri	6:30 PM-8:00 PM	Overland
WW	Sat	1:00 PM-2:30 PM	Overland
Games		CANCELLED	

#### Workouts

Class	Day(s)	Time	Instructor
MW1		CANCELLED	
Mon Nt		CANCELLED	

#### Cardio Tennis

Saturday Afternoon	CANCELLED
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#### USTA/Cup Coaching

Saturday Afternoon	2:00 PM-3:30 PM	Robison
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