

COURT REPORT

SPECIAL NEEDS CAMP AND MEMORIAL DAY SENIOR TOURNAMENT COMING SOON

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During the weekend of April 23-24, BETC is proud to host a tennis camp for juniors with Down Syndrome and other special needs. The camp is being held in partnership with the Jensen-Schmidt Tennis Academy for Down Syndrome and BETC club member Daryl Harper.



St. Louis-based teaching pro Vince Schmidt and Grand Slam tennis champions

Luke and Murphy Jensen use high level motivational exercises and positive attitudes to bring tennis to children and young adults with special needs. For more information or to register, visit Jensen-Schmidt.com.

We are also pleased to announce our first annual Memorial Day Senior Tournament, to be held May 27-30. This will be a Sanctioned USTA event with divisions for Men and Women at 35 years, 45, 55 and 65. Registration is available through entry forms at the Front Desk or online through pnw.usta.com. In order to participate you must have a current USTA membership.

The format is single elimination, best 2 out of 3 sets with a 3rd set Super Tie-breaker. All participants receive a tournament t-shirt and refreshments will be provided throughout.

If you have questions, contact Tournament Director Jim Robison at jim@betconline.net or 253-872-5545, ext 33.

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Teaching Pros listed on Page 4

FROM THE BOARD

SUBMITTED BY DAVE PRESUHN

Your 2016 Board is settling into the routine of club business. Financials are in good shape and the focus is on maintaining and improving the club.

We continue to have a full membership roster with names on the waiting list. Classes continue to be well subscribed. The Mid-Winter Break junior camp and the Adult High Performance Clinic were both well-attended successes. Next up is the Junior Spring Break Camp April 5-8. Note that guest fees are waived for this camp so it is a great opportunity to introduce your friends with kids to the Club.

Active planning is underway on club improvement projects. Adrian is putting together the 2016 improvement plan and is looking for members to participate on a planning committee. Ideas suggested so far include upgrades to the mezzanine and repairing/replacing court curtains, backdrops and side-walls. Already approved is the replacement of the exercise bike in the workout area. Contact Adrian with any ideas or if you are interested in joining the planning committee.

The club is hosting a tennis academy April 23 and 24 for people with Down syndrome and other special needs. Several members of the Board, pro staff and juniors have already volunteered to help with this event. A call for additional volunteers will be coming shortly.

As a follow up to the medical emergency experienced last month requiring the use of the club AED equipment, additional AED response equipment was approved and will be stationed near courts 7-9. It's reassuring to know our staff is well trained and ready to deal with such events.

A special shout out to all the club members who got to go to Indian Wells and brought back stories of fine tennis and great weather. We're jealous of you all!



MEMBERSHIP CORNER

SUBMITTED BY MARGARET FAIN

Welcome New Members:

BETC is happy to welcome the following new members: Tyler Warren, Joshua Shin, Sebastian Anderson, Julia Messegee, Tyler Sevilla, and Stacia Servos & Karl Meija and family. We are happy to have you with us at the club!

Quarterly Billing Due Date April 1

Quarterly dues charges were added to your account on March 15 and you should have received an emailed statement on March 17 or a paper statement if previously requested. Due date is April 1 and late fees will be added if payment is not received by April 15. Remember to pay your leagues and blocks during the first two weeks of the session, too.

USTA

The 18+ season is winding down at BETC and these BETC teams are at the top of their divisions: Arlene Flor's 3.5 (7-0), Ramona Schraeder's 4.5 (7-2), Chan Han's 4.5 (7-1), and Baraka Brown's 5.0+ (7-2). April is a busy USTA month and there are plenty of BETC teams to support. Check out this schedule if you want to come watch a match at BETC: <http://www.betconline.net/pdf/USTA2016.pdf>

USTA 65+

The season for this group is just getting started. Craig Riggs' 3.5 (7.0) team won their second match of the season this week with a hard fought match again Bellingham, who beat them last year. All three of their courts went to third set tiebreakers, and there was a big roar of applause when our BETC team of Scott Gunderson and Stuart Thompson clinched the match for the team with a close tiebreaker victory. April matches at BETC are listed below:

Division	Date	Time	Team
A65 6.0W	4/6/2016	12:30 PM	BETC-Tiernan
A65 7.0W	4/7/2016	2:00 PM	BETC-McCleary
7.0 65+ Men	4/7/2016	11:00 AM	BETC Yee/Linebarger
7.0 65+ Men	4/14/2016	11:00 AM	BETC Yee/Linebarger
A65 6.0W	4/20/2016	12:30 PM	BETC-Tiernan
A65 7.0M	4/21/2016	11:00 AM	BETC-Kono
A65 6.0M	4/21/2016	2:00 PM	BETC-Kono
A18 3.5W-D	4/22/2016	12:30 PM	BETC-Bear
A65 6.0M	4/28/2016	2:00 PM	BETC-Kono

USTA Mixed Leagues

May 1 is the deadline for Mixed 55+ leagues for this summer. Please contact Margaret if you would like to captain a team.

If you want to check current charges on your account, you can access the "Payment Center" from the Quick Links on our BETC home page. From this link, you can pay any charges that were on your monthly statement. More recent charges can be paid by calling BETC to pay with a credit card or stopping by the front desk.



APRIL ACTIVITIES

SUBMITTED BY ALLAN OVERLAND

Spring is in the air and so are the annual Spring Break Junior tennis Camps! From Tuesday-Friday, April 5-8, we will run three sessions for junior players of virtually all levels of play. Each camp will feature authentic USTA High Performance training and plenty of challenging and fun filled drills and games. These camps give juniors a great opportunity to sharpen their games during the week off from school.

The Champs camp (advanced, levels 4 and up, ages 12-18 years) runs daily from 10-12pm, the Challengers camp (intermediate, levels 2 and 3, ages 12-18 years) runs daily from 12-2pm and the Rookies camp (beginner, level 1, ages 10-15 years) runs daily from 2-3:30PM. To ensure that participants receive good attention and have the opportunity to hit a high number of balls, each camp is limited to only 12 players. We are offering the camps to non-members with no guest fee charges, so bring a friend!



The camps will fill up so sign up ASAP. Call the front desk at (253) 872-5545 (ext. 1) or register in person. Feel free to contact me at allan@betconline.net if you have any questions. Hope to see you out on the courts!

Spring Break Junior Camps April 5-8

Champs: 10:00-Noon
Challengers: Noon-2:00
Rookies: 2:00-3:30

JUNIOR RESULTS

SUBMITTED BY JIM ROBISON

March was another good month of tournament play for a number of BETC's junior players. The month began with the Kitsap County Advanced tournament in Bremerton where one of BETC's top juniors won and two others made the finals. Amol Koli won the Boy's 14 Singles by taking down the #1 seed 6-0, 6-3 in the final. In the Boy's 16 Singles, third seeded Marcus Lee lost to the top seed in a tough final. Kaitlin Tan made the final in the Girl's 16 Singles. Jade Lancaster also got a win in the Girl's 16's before losing in the round of 16.

The juniors played in Tacoma on the weekend of March 11 -13 in the Tacoma Lawn End of Winter Advanced Tournament. Top seeded Kaitlin Tan won the Girls 16 Singles, losing only one set in her 4 victories on the way to the title. In the Girl's 14 Singles, # 2 seed Erika Ito made the semifinals before falling to the eventual champion. Marcus Lee won his first round before losing a tough match to the #3 seed.

The weekend of March 18-20 saw the girls heading south to play in the Level 4 tournament held at the Vancouver Tennis Club. In the Girl's 16 Singles, fifth seeded Kaitlyn Tan made the semifinals before losing a tough match to the #2 seed, 7-5, 6-4. Kaitlin and her

partner did well in the Girl's 16 Doubles, winning 3 matches before falling just short in the finals. Jade Lancaster and her doubles partner won a round in the 16 Doubles. Third seeded Erika Ito competed in the Girl's 14 Singles, only losing one game in her first two matches before falling to the #6 seed in the Semis. She had better success in Girl's 14 Doubles as she and her partner walked away with the 1st place trophy.

Marcus Lee made the Semifinals of the Steamboat Boy's Advanced in Olympia on the weekend of the 25th- 27th. Marcus was 2nd seeded in that event.

Spring high school tennis is also underway. Many of our juniors are competing at Varsity and Junior Varsity levels at schools throughout the area. It is a huge commitment to participate in high school sports while also maintaining their academic work and other extra curricular activities. We are proud of them all.

Congratulations to all these players on their success and continued hard work!

PROPER SPACING FOR MORE POWER

SUBMITTED BY BILL BARTLETT

Take plenty of adjustment steps to keep the ball about 1 foot in front of you and two feet away from you on your groundstrokes.

Novak Djokovic's closest match at this year's Australian open was against Gilles Simon. Simon's best shots are his groundstrokes while on the run. When Djokovic would hit a wide groundstroke, Simon was able to handle it easily because of excellent foot work. Simon had more trouble on shots hit down the middle of the court, because he let the ball crowd him and he was not able to get the proper spacing for his shot.

Many club players have a hard time generating pace on their groundstrokes because they let the ball crowd them. When a ball is hit close to you or at you make sure to take a few small adjustment steps to get the proper distance or spacing to the ball. The correct spacing or distance to a ball at contact is about one foot in front of you and approximately two feet to the side of you.

On balls hit down the middle of the court many players get lazy and fail to use adjustment steps to get enough

distance from the ball. On short shots players tend to over run the ball thus failing to find the proper spacing.



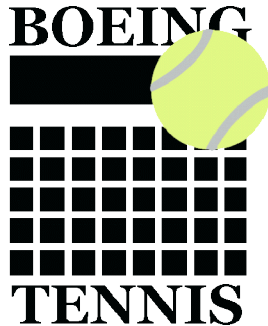
Getting the proper spacing to the ball will enable you to get leverage and snap into your shot. If you are too close to the ball your elbow will be crowded against your body which will slow your racket speed.

So when you are hitting groundstrokes, take enough adjustment steps to be able to hit the ball about one foot in front of you and approximately two feet away from you. You will then allow your racket to accelerate rapidly as you find the proper spacing on your groundstrokes.

**Boeing Employees
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GROUP CLASSES—APRIL

JUNIORS

10 & Under Tennis (QuickStart)

Class	Day(s)	Time	Instructor
Red 1	Sat	10:00 AM-11:00 AM	Robison
Red 2	Sat	9:00 AM-10:00 AM	Robison
Orange	Sat	11:00 AM-Noon	Robison
Green	Sat	Noon-1:00 PM	Robison
Green	Wed	5:30 PM-6:30 PM	Robison

Level 1 (Beginner)

Class	Time	Instructor
J1 Saturday	1:00 PM-2:00 PM	Bartlett

Level 2 (Intermediate)

Class	Time	Instructor
J2 Saturday	Noon-1:00 PM	Bartlett

Level 3 (Advanced Intermediate)

Class	Time	Instructor
J3 Monday	3:30 PM-5:00 PM	Bartlett
J3 Wednesday	5:00 PM-6:30 PM	Bartlett
J3 Friday	4:00 PM-5:30 PM	Bartlett
J3 Friday	8:00 PM-9:30 PM	Bartlett
J3 Saturday	10:30 AM-Noon	Bartlett
J3 Sunday	11:00 AM-Noon	Robison

Level 4 (Advanced)

Class	Time	Instructor
J4 Thursday	6:30 PM-8:00 PM	Overland
J4 Sunday	5:00 PM-6:30 PM	Robison
HS Vars. Sat	3:30 PM-5:00 PM	Overland
HS Vars. M/W	3:30 PM-5:00 PM	Jackson

High Performance

Class	Day(s)	Time	Instructor
HP 2	T/Th	5:00 PM-6:30 PM	Jackson
HP 3	T/Th	6:30 PM-8:00 PM	Jackson
Matchplay Tues		8:00 PM-9:30 PM	Jackson
Matchplay Thur		8:00 PM-9:30 PM	Jackson

Sunday League with Coaching

Class	Day(s)	Time	Instructor
Level 3-4	Sun	3:30 PM-5:00 PM	Cotton

ADULTS

Level 1 (Beginner, Club Rating 1.0-1.9)

Class	Time	Instructor
A1 Monday	7:00 PM-8:00 PM	Robison

Level 2 (Advanced Beginner, Club Rating 2.0-2.4)

Class	Time	Instructor
A2 Monday	6:00 PM-7:00 PM	Robison
A2 Tues/Thurs	8:00 PM-9:30 PM	Cotton

Level 3 (Intermediate, Club Rating 2.5-3.0)

Class	Time	Instructor
A3 Monday	6:00 PM-7:00 PM	Bartlett
A3 Sunday	12:30 PM-2:00 PM	Robison

Level 4 (Advanced Intermediate, Club Rating 3.0-3.5)

Class	Time	Instructor
A4 Monday	5:00 PM-6:00 PM	Bartlett
A4 Tuesday	6:30 PM-8:00 PM	Overland
A4 Wednesday	Noon-1:30 PM	Bartlett
A4 Friday	6:30 PM-8:00 PM	Bartlett
A4 Saturday	8:00 AM-9:00 AM	Bartlett
A4 Sunday	3:30 PM-5:00 PM	Robison

Level 5 (Advanced, Club Rating 3.5 and up)

Class	Day(s)	Time	Instructor
WW	Fri	6:30 PM-8:00 PM	Overland
WW	Sat	1:00 PM-2:30 PM	Overland
Games	Sun	12:30 PM-2:00 PM	Cotton

Workouts

Class	Day(s)	Time	Instructor
MW1	Mon	9:30 AM-11:00 AM	Bartlett
Mon Nt	Mon	7:00 PM-8:00 PM	Bartlett

Cardio Tennis

Saturday Afternoon	2:30 PM-3:30 PM	Cotton
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USTA/Cup Coaching

Saturday Afternoon	2:00 PM-3:30 PM	Robison
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