

# COURT REPORT



## MEZZANINE RENOVATION MARCH 13!

SUBMITTED BY ADRIAN BUCHAN

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Teaching Pros listed on Page 4

Our long awaited renovation of the mezzanine will get underway March 13. The renovation will provide a much needed facelift while maintaining our valued viewing areas. The renovation is scheduled to take place from March 13-24. Major improvements include:

- New Front Desk/Check-in area.
- Full replacement of carpet.
- New work stations for staff including privacy walls.
- Pro area at the West end of mezzanine
- New couches for viewing area.
- New tables and chairs.
- High definition cable television with sports package.
- Open-space Pro Shop with viewing for courts 4-6.

The mezzanine will not be accessible during construction. A temporary Front Desk/Check-in area will be located on the first level near the main entrance. While there are no inter-club activities (USTA, Cup) scheduled during construction, all other activities will continue

as scheduled. This includes Leagues, Blocks, Classes and Lessons.



We have scheduled our first Social of the year just in time for completion of the project. Saturday, March 25 from 6:30-9:30PM, join fellow members and our Pros for an evening of tennis and light catering while we unveil the new mezzanine. The cost to attend is just \$10.00 per person (tax included.) Sign up at the front desk!

**Used Furniture Available**

Beginning March 6, we will be removing furniture from the mezzanine. Sofas, desks, tables, chairs and filing cabinets will need to find new homes. Couches will be available for a nominal price while most other items will be made available free of charge to members. Electronics and desk chairs will remain.

Please respond to me at (253) 872-5545 x 22 or [Adrian@betconline.net](mailto:Adrian@betconline.net) if you are interested. All furniture must be removed by March 10.

We are excited to work on this project and hope to complete it with a minimum amount of distraction or inconvenience. We appreciate your patience during the renovation!

# MEMBERSHIP CORNER

SUBMITTED BY LAWSON MANSFIELD

### Welcome New Members!

BETC would like to extend a warm welcome to our new members: Sreeth Menon, Adam Buchan and Ben Bentitou. We are happy to have you with us!

### BETC Membership is Full

There is currently a (growing) waiting list for BETC Associate memberships. Just turn in an application, no money down, to get on the waitlist.

### USTA

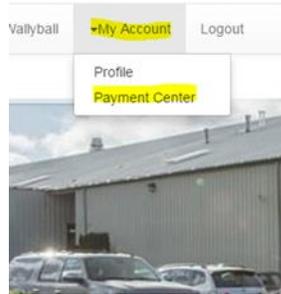
The Adult 40+ Leagues are 3/4ths of the way through their season and we have 4 teams in the hunt for playoff spots:

Level	Team Name	Record
4.0M	BETC-Rocky's Raccoon-Gutierrez	6-1
4.0W	BETC-Lacayo	4-2
4.5+M	BETC-Zombie Honey Badgers-Nguyen	4-0
4.5+W	BETC-Brown	4-2

Team registration for USTA 40+ Mixed Doubles Leagues is under way. The season runs April to June. If you are interested in captaining a team please contact me for details. Space is limited.

It is still too wet to play outside! - Adult Spring League Signups are underway! Look for the signup table on the club mezzanine. Signups run through Sunday March 12th. Ratings are required for most leagues – make sure you have one by checking our Club Ratings list at betconline.net. It is located under the Adults/BETC Leagues Section of the site.

\*\*\*NEW\*\*\* Payment Center unveiled on the BETC Website! The payment center is not just for Dues (and late fees) anymore – you can pay for any charge as soon as it appears on your account! You can check it out by logging in to the BETC Website, then select My Account / Payment Center.



## Important Dates

### BETC League Signups

February 27—March 12

### Second Quarter Dues Billing

March 15

# PRO TIP: HOW TO COUNTER TOPSPIN

SUBMITTED BY BILL BARTLETT

This year's Australian open had some very interesting and exciting matches. In the round of 32, Rafael Nadal (pictured) played Alexander Zverev, a tall, hard-hitting topspin player. Rafael's normal high bounding topspin shots were not giving the six foot six inch German player much trouble. However, when Nadal used an underspin backhand he won most of the points. The commentator noted that the average underspin shot bounced .65 meters and the average topspin shot bounced 1.2 meters. With the underspin shot bouncing nearly half the height of a topspin shot Zverev was thrown out of his rhythm. You can also use topspin with your underspin shots to keep the height of the ball out of your opponent's strike zone.



In the final, Roger Federer played one of the greatest matches of all time against Rafael Nadal. Rafael has an edge in their career matches and usually overpowers Roger with his strong topspin shots. This time Roger played most of his points right on the baseline hitting them early. This created more angles for Roger and prevented Nadal from getting set up to hit his big topspin shots. So if your opponent has big looping powerful topspin shots you can try neutralizing them by staying near the baseline and taking them early.

To counter the tall powerful topspin player use under spin to keep the ball low. Hit their shots early by staying close to the baseline. This will give your opponent less time to wind up a hit their power topspin shots. You will then be able to neutralize their powerful topspin shots.

# RECENT JUNIOR RESULTS

SUBMITTED BY JIM ROBISON

## Highline College Women's Tennis March Schedule

March 11 @ Bellevue  
(vs Robinswood TC, 3:30 PM)

March 17 @ BETC  
(vs Treasure Valley, 8:00 PM)

March 31 @ BETC  
(vs Skagit Valley CC, Noon)

April 13 @BETC  
(vs Bellevue, 2:00 PM)

April 14 @BETC  
(vs Spokane CC, 8:00 PM)



**HIGHLINE COLLEGE  
ATHLETICS**

Home of the Thunderbirds

Numerous tournaments were held in the Portland area during the first two weeks of January. The largest of them was the Level 3 THPRD Boy's & Girl's held at the Tualatin Hills Tennis Center in Beaverton January 13th – 16th. This year the tournament drew 359 of the best players from Washington, Oregon & British Columbia. Kaitlin Tan & Jade Lancaster competed in the Girls' 16 Singles & Doubles events. In singles, fourth seeded Kaitlin won four matches on her way to the final where she lost to the #3 seed. Included in her run to the final was an exciting 6-0, 3-6, 14-12 upset win in the semifinal over second seeded Chloe Chu. Jade, seeded 14th, easily won her first round match before losing in the next round to an unseeded player from Portland who had upset the #7 seed 6-0, 6-1 in the previous round. In doubles, Jade and Kaitlin met in the opening round with Kaitlin & partner coming out on top. They managed to win one more match before falling to the #2 seeds in the semis.

Francis Vioria competed in Boys' 16 Singles & Doubles and won his first round singles match before falling to the #8 seed.

In the Girls' 14 Singles BETC juniors Erika Ito(4) & Corina Popa(5) clashed in the quarterfinals with Corina coming out with the victory. Corina made it all the way to the final where she lost a close match to the #3 seed. Erika and her doubles partner lived up to their #1 seeding in winning the Girl's 14 Doubles title.

In the Boys' 14 Singles, #8 seed Amol Koli won three matches before losing a tight three setter to the top-seed in the semis. Arnav Sahu lost his first singles match but went on to win two matches in consolation before losing in the consolation semis. Arnav also got a win in doubles but lost in the semifinal.

Bianca Popa won her opening round in Girls' 12 Singles before losing in the quarterfinals. Bianca & her partner lost a close 9-8 match in Girl's Doubles.

Brothers Madhav & Achyuth Binu made the trip south to compete in the Boys' 12 Singles (Madhav) & Boys' 10 Singles (Achyuth). Madhav lost two very competitive matches while 6 year old and sixth seeded Achyuth won two matches before losing in the semifinals to the #7 seed.

The following weekend some of the juniors returned to Tualatin Hills for the USTA National Level 3 tournament while some stayed closer to home for the Sprinker Junior Entry Level/Intermediate Superset/Champs Singles Tournament. The national tournament in Oregon drew players from as far away as Texas & Pennsylvania as well as many players from California. In the Girls' 14 Singles, unseeded Erika Ito took the first set 6-0 from the #7 seed, but couldn't hold on as her opponent came back to win the final two sets. Erika won her next match

6-1, 6-1 in consolation and lost 10-8 in a third set tiebreaker in following round. Erika and partner Amelia Asfaw had greater success in doubles as the #2 seeds won three matches on their way to the final where they thumped the #1 seeds from California 8-4. Corina Popa had a similar road to Erika's in singles – losing a close first round before getting a win in consolation and losing a close match in the next round. Corina also did well in doubles with an opening round 8-0 win before falling to the #1 seeds in the quarters. In Boy's' 14 Singles, unseeded Amol Koli had a great showing. After winning his first round match, Amol upset the #8 seed from Michigan before losing in the quarters to the #2 seed and eventual champion. In doubles Amol made it to the Finals before losing to the top-seeded team. Great performances from our juniors in a nation level tournament!

Arnav Sahu played in the 14 Advanced Singles at the Sprinker tournament in Tacoma where he upset the #2 seed in his second round match before losing in the 3rd set tiebreaker in the semis. Jesse Maris and Madhav Binu competed in the Boys' 12 Advanced Singles. Second seeded Jesse won the tournament; knocking off the #1 seed 6-1, 6-3 in the final. Madhav dominated his first round opponent but lost his next round to the #1 seed. Mari Shannon won her opening round match in the Girls' 10 Entry Level Green Dot Singles but lost her next match to the #2 seed in a tough battle.

The final tournament in January was held on the 27th – 29th at the Tacoma Lawn Tennis Club. In the Girls' 18 Singles two of BETCs' top juniors were unfortunately matched up in the first round as #1 seed Kaitlin Tan defeated Jade Lancaster in straight sets. Kaitlin won her next round but then lost 11-9 in a 3rd set tiebreaker in the semifinals. Jade won her first round of consolation but then lost to the #4 seed in the consolation semifinals.

Erika Ito had another solid tournament playing in the Girls' 16 Singles. She won three matches on her way to a semifinal loss to the #1 seed. Included in her wins, unseeded Erika knocked out the #3 seed in straight sets.

In the Boys' 16 Singles Amol Koli lost only 2 games in his first three matches before losing in the semis to the eventual tournament champion.

Martina Antich & Isabella Leon competed in the Girls' 12 Singles event. Martina easily won her first round match but then lost to the #2 seed in her second match. Isabella lost in a competitive first round match and then advanced to the consolation semifinals where she lost to the eventual consolation champion.

Congratulations to our juniors on an awesome month of January!

## USTA TRAINING AT DAVIS CUP!

SUBMITTED BY ALLAN OVERLAND



From February 3-5, I was fortunate to join 19 other USTA High Performance certified teaching pros from around the U.S. to participate in the USTA High Performance Program's Davis Cup coaching event, held in conjunction with the US vs. Switzerland Davis Cup match, in Birmingham, Alabama. During the event, we worked with the USTA's top National Coaches, U.S. Davis Cup coaches and former players, attended a practice session with the US players and coaches and watched all three days of matches. I thought it would be fun to tell our members a little bit about this experience!

On the first day, the coaches and I met with USTA National Coaches David Ramos and Jose Caballero. The morning was spent analyzing how the coaches are utilizing new scouting tools to extensively determine opponents' playing patterns, strengths and weaknesses. Professional players now have much more information about their opponents before a ball is even struck! Eric Boudierac, Assistant Davis Cup coach and Director of Pro Tennis Operations, talked about how the modern game of doubles is played. A 2014 Australian Open men's doubles finalist, he highlighted four keys in building a sounds doubles team, and conveyed that there is no one way to play doubles; successful teams are able to effectively employ multiple formations.

On the second day, we once again met with David and Jose, and the training regimen of players was discussed. Players adhere to focused training schedules (and utilize "performance teams"), which include playing in a succession of tournaments, setting aside time for players to work on improving all aspects of their games and providing mandatory rest periods for players to recharge, mentally and physically. After that, Assistant Davis Cup coach (and former world top ten player) Jay Berger discussed core strategies the top players use to constantly improve their games. Jay stressed that his number one goal is for players to constantly work to get better, no matter how high they are ranked. Then, prior to the deciding doubles match, we were able to attend the private practice session with the players and coaches. It was interesting to see how the players systematically worked on grooving all of their shots one at a time: groundstrokes, volleys, overheads, serves and returns.

On the final day, USTA president (and holder of 20 WTA doubles titles) Katrina Adams emphasized that the development of the future top American players must be done properly from the beginning, and that players receive consistently sound fundamental training. She cautioned coaches and parents to not place excessive importance on junior players' results, and that their well being must come first. Results will follow.

I had a great time and learned a lot from the coaches, players and my fellow pros who attended the event. I plan to hold a special clinic for both our adult and junior members to more fully cover the concepts I learned. So stay tuned for a forthcoming announcement on when these clinics will be offered, so you can gain a clearer insight for yourself on the current training and technical trends at the highest level of the game!

## HIGH PERFORMANCE CLINICS

SUBMITTED BY ALLAN OVERLAND

In early April, we are pleased to bring back our popular and intensive adult High Performance Clinics, with the 2.5-3.0 session held on Saturday, April 1st, from 9:30-12:30pm, and the 3.5-4.0 session held on Saturday, April 8th, from 9:30-12:30pm.

Each clinic will once again be led by USTA High Performance certified pros JJ Jackson and myself, and will focus on the latest world class ideas on techniques and strategies. A detailed handout of what is covered will be included- as well as snacks and beverages. Only 12 players (4 players per court/pro) will be taken to ensure a great workout, so sign up now!



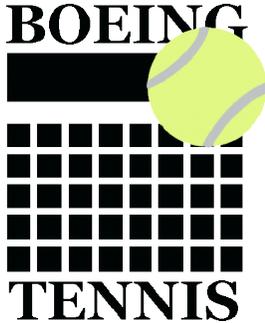
To register for either event, call the club at (253) 872-5545 (ext. 1), or do so in person at the front desk. Feel free to contact me at the same number, and extension 31, if you have any questions.

Hope to see you out there!

**Boeing Employees  
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## GROUP CLASSES—MARCH

### JUNIORS

#### 10 & Under Tennis (QuickStart)

Class	Day(s)	Time	Instructor
Red 1	Sat	10:00 AM-11:00 AM	Robison
Red 2	Sat	9:00 AM-10:00 AM	Robison
Orange	Sat	11:00 AM-Noon	Robison
Green	Wed	5:30 PM-6:30 PM	Robison
Future	Sun	11:00 AM-12:30 PM	Robison

#### Level 1 (Beginner)

Class	Time	Instructor
J1 Saturday	1:00 PM-2:00 PM	Bartlett

#### Level 2 (Intermediate)

Class	Time	Instructor
J2 Saturday	Noon-1:00 PM	Bartlett

#### Level 3 (Advanced Intermediate)

Class	Time	Instructor
J3 Monday	3:30 PM-5:00 PM	Bartlett
J3 Wednesday	5:00 PM-6:30 PM	Bartlett
J3 Friday	4:00 PM-5:30 PM	Bartlett
J3 Friday	8:00 PM-9:30 PM	Bartlett
J3 Saturday	10:30 AM-Noon	Bartlett

#### Level 4 (Advanced)

Class	Time	Instructor
HS Vars. Sat	3:30 PM-5:00 PM	Overland
HS Vars. M/W	3:30 PM-5:00 PM	Jackson

#### High Performance

Class	Day(s)	Time	Instructor
HP 2	T/Th	5:00 PM-6:30 PM	Jackson
HP 3	T/Th	6:30 PM-8:00 PM	Jackson
Matchplay Tues		8:00 PM-9:30 PM	Jackson
Matchplay Thur		8:00 PM-9:30 PM	Jackson

#### Sunday League with Coaching

Class	Day(s)	Time	Instructor
Level 3-4	Sun	3:30 PM-5:00 PM	Cotton

#### Advanced Morning Workout

Class	Day(s)	Time	Instructor
Level 5-6	Mon/Wed	6:30 AM-8:00 AM	Rosa

### ADULTS

#### Level 1 (Beginner, Club Rating 1.0-1.9)

Class	Time	Instructor
A1 Monday	7:00 PM-8:00 PM	Robison

#### Level 2 (Advanced Beginner, Club Rating 2.0-2.4)

Class	Time	Instructor
A2 Monday	6:00 PM-7:00 PM	Robison

#### Level 3 (Intermediate, Club Rating 2.5-3.0)

Class	Time	Instructor
A3 Monday	6:00 PM-7:00 PM	Bartlett
A3 Sunday	12:30 PM-2:00 PM	Robison

#### Level 4 (Advanced Intermediate, Club Rating 3.0-3.5)

Class	Time	Instructor
A4 Monday	5:00 PM-6:00 PM	Bartlett
A4 Tuesday	6:30 PM-8:00 PM	Overland
A4 Wednesday	Noon-1:30 PM	Bartlett
A4 Friday	11:00 AM-12:30 PM	Nam
A4 Saturday	8:00 AM-9:00 AM	Bartlett
A4 Sunday	3:30 PM-5:00 PM	Robison

#### Level 5 (Advanced, Club Rating 3.5 and up)

Class	Day(s)	Time	Instructor
WW	Fri	6:30 PM-8:00 PM	Overland
WW	Sat	1:00 PM-2:30 PM	Overland
Games	Sun	12:30-2:00 PM	Cotton

#### Cardio Tennis

Cardio	Sat	2:30 PM-3:30 PM	Cotton
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#### USTA/Cup Coaching

Saturday Afternoon	2:00 PM-3:30 PM	Robison
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