

Court Report

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Member News

Submitted by Adrian Buchan

We are happy to report that membership continues to be strong with over 40 individuals on the waitlist for Associate Memberships. We are now accepting applications for Summer Memberships. There is no waitlist for a Summer Membership and it's just \$100 plus tax. Summer members have access to Adult BETC Leagues and pay no guest fees. The membership lasts from Memorial Day through Labor Day. Tell your friends!

A new keypad was installed at the parking lot entrance to Court 7. Please check at the Front Desk if you need the code.

In April, we replaced burned out bulbs over Courts 1-6 with LED tubes. Over the summer, we will replace additional bulbs, including Courts 7-9. These new bulbs offer longer lifespan, decreased energy usage and an "instant on" feature that eliminates the warm up period for standard fluorescent tubes.

The Junior Scholarship Committee has awarded a \$500 tennis scholarship to Richard Mark. Richard is a Junior at Sumner High School and is the top player for his Varsity team. In addition to his tennis accomplishments, Richard is an excellent student and is enrolled in the International Baccalaureate program. Welcome Richard!

Contact Information

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Teaching Pros listed on Page 6

Tennis Programs

Submitted by Allan Overland

Spring is in full swing, and so are some great workouts and classes for our adult and junior members! Adult members 3.0 and up can get in on some intensive workouts (and hit tons of balls in challenging "live ball" drill and game settings) in our advanced workouts. Wimbledon Workouts are held on Fridays from 6:30-8pm and Saturdays from 1-2:30pm, and the Games Workout is held on Sundays from 12:30-2pm. All of these workouts can be attended on a monthly or drop in basis.

For juniors, we are excited to bring back our collection of summer junior camps for 2018! Held in July and August, the camps will be run by our coaching staff that includes USPTA Elite and USTA High Performance certified professionals, and be offered at 40% off our regular rates. In addition, all participants re-

ceive a cool team t-shirt and will get to attend a special pizza party at the end of each monthly session. The Champs Camp (Advanced, levels 4 and up, ages 11-18years) runs Monday-Thursday from 12:30-2pm, the Challengers Camp (Intermediate, levels 2 and 3, ages 11-18 years) runs Monday-Thursday from 11-12:30pm, the Rookies Camp (Beginner level, ages 10-15 years) runs Monday and Wednesday from 2-3pm and the USTA 10 and Under Camp (Red and Orange balls, ages 6-10 years) runs Monday-Wednesday from 2-3pm. These popular camps are available for registration NOW, so sign today to reserve a spot. Guest fees will be waived, so bring a friend!

Hope to see you out on the courts!



Pro Tip: Start your Return with a Split Step

Submitted by Bill Bartlett

I was recently studying Roger Federer's return of serve and marveled at how well he returns. Most of the greatest returners of all time like Djokovic, Agassi and Serena Williams have a two-handed backhand return of serve. Federer, who uses a one-handed backhand return of serve, is able to return serve at a similar level as these players because he implements a forward split when returning serve.

Federer usually stands behind the baseline a foot or two with his back bent forward. His knees are slightly bent. At this point he is in a crouched position. When the server is tossing the ball, Roger comes up out of his crouched position and springs forward a few inches. Both of his toes hit the ground as the server makes contact with the ball. This is called a split step. This allow-

Roger to spring forward to either his left or right. He ends up hitting the ball near the baseline for a first serve and inside the baseline on a second serve.

What makes Roger's return so effective is that he hits it so early with his body weight going forward into the ball. He also gains ground on his opponents because he hits the return of serve further into the court than most players. This creates more angles for his return and enables him to get to the next shot faster.

To improve your return of serve spring forward as your opponent is about to hit his serve. Make sure your toes hit the ground at the same time



Time your split step with your opponent's serve to improve your return.

your opponent strikes the ball. Then pounce forward either to your left or right to hit the ball. You will then be able to hit an aggressive return of serve and be in a better position to get to the next shot.

Membership Corner

Submitted by Lawson Mansfield

Adult Summer Leagues Signups Start Monday, May 21.

Adult Summer League Sign-up binders become available the day of the week a league plays. For Monday leagues, sign-ups begin on May 21st at 9:00 AM for any leagues playing before 3:30 PM Sign-ups begin at 3:00 PM for any leagues playing at 3:30 PM or later. For Tuesday leagues, sign-ups begin on May 22nd at 9:00 AM and 3:00 PM, etc. The binders will be available for 2 weeks.

Members may either phone in to sign up or sign up in person. If you are not available to sign up, ask a trusted friend to sign up for you, but remember it is your responsibility to make sure you are signed up! Click on the following [link](#) to find BETC Summer League information including leagues offered, league selection process, member ratings and general rules: BETC Leagues

Club Ratings are required for most leagues – the rating book has been updated and can be reviewed online or at the Member Services Counter. If the club

does not have a rating for you you will not be in this listing - please contact Head Pro Allan about getting evaluated. If you think that your rating is incorrect please let me know.



Lawson Mansfield
BETC Member Services

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Adult Summer League
Registration starts
Monday, May 21!

Tennis Etiquette 101

Of all sports, tennis is famous for its etiquette. While sticking to a plethora of rules about how to behave on a tennis court might sound stuffy and old-fashioned, tennis etiquette actually makes the sport more enjoyable.

Good tennis etiquette won't give you a bigger serve or a more accurate backhand but it will make you more fun to share a court with.

WAIT YOUR TURN

Don't barge your way onto court until your allotted booking time. (here at BETC listen for the bell.) It is OK to let the people before you finish the point or game they are playing before taking over the court.

WARM-UP LIKE A PRO

Keep your pre-match warm-up brief – the pros stick to five minutes, and so should you.

SERVE THE RIGHT WAY

Before you serve, make sure your opponent is ready to receive. While the rules say you should take no more than 20 seconds between points, you don't want to win a point by serving at your opponent's back.

NO RETURN NECESSARY

If your opponent serves a first-serve fault, don't hit a return back unless the call was so close that you had no option but to hit the ball.

WALK WITH CARE

Don't walk behind another court during a point, across someone else's court while they're in the middle of a game or interrupt a point on another court to retrieve a ball.

TALK WITH EVEN MORE CARE

No swearing, even if you just dumped an easy volley into the net. Think of the kids!



TENNIS KARMA

Make line calls clearly and promptly and give your opponent the benefit of the doubt if you're unsure. Tennis karma is a powerful force and no one wants to give an opponent short shrift only to find themselves deep into a third-set tiebreak with the tennis gods frowning down on them!

IN OR OUT?

While it's rude to question your opponent's line calls, if you really think you are being cheated ask once, firmly: "are you sure?" then move on.

GOT TWO?

Make sure the server always has two balls at their end of the court. When you are returning balls, make eye contact, then hit or toss the ball gently within 1 bounce of the server, don't delay play by spraying them around.

A TIME AND A PLACE

Be respectful of your opponent. While it's fine to celebrate your successes it's not polite to pump your fists, hiss "yes" or high-five spectators when your opponent makes an error. This goes for spectators also. We want to support our BETC USTA and Cup Teams but not at the expense of our visiting guests.

DO THE RIGHT THING

Apologize if you hit your opponent with a ball and make sure he or she is OK. Getting hit is part of the game but a quick acknowledgement helps keep the match moving along.

FOCUS ON YOUR MATCH

Keep your attention on the court – don't chat to spectators, interrupt a game to answer your mobile phone, file your nails at the change of ends or do anything else that might distract your opponent or delay play.

LEAVE THE TANTRUMS TO THE KIDS

Don't have a tantrum if things aren't going your way. Marat Safin, who once said: "You can destroy one racquet. You can destroy a chair. But you can't destroy a racquet and a chair in the same match. Otherwise this is the tennis of a sick person,"

CONGRATULATIONS

Shake hands firmly and congratulate your opponent at the end of the match. Nobody wants to grasp a limp, clammy dead fish in celebration of a big victory.

SCORING MADE EASY

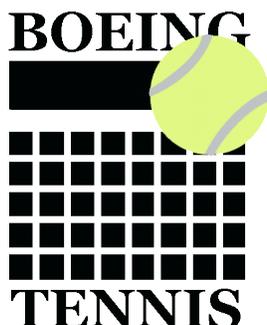
If you are serving, call the score out loudly and clearly. It will help to minimize disagreements.

Group Classes • May-June

BOEING
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ADULTS

Level 1 (Beginner, Club Rating 1.0-1.9)

Class	Time	Instructor
A1 Monday	7:00 PM-8:00 PM	Robison

Level 2 (Advanced Beginner, Club Rating 2.0-2.4)

Class	Time	Instructor
A2 Monday	6:00 PM-7:00 PM	Robison

Level 3 (Intermediate, Club Rating 2.5-3.0)

Class	Time	Instructor
A3 Monday	9:30 AM-11:00 AM	Bartlett
A3 Monday	6:00 PM-7:00 PM	Bartlett
A3 Sunday	12:30 PM-2:00 PM	Robison
A3 Tuesday	8:00PM-9:30PM	Cotton

Level 4 (Adv Intermediate, Club Rating 3.0-3.5)

Class	Time	Instructor
A4 Monday	5:00 PM-6:00 PM	Bartlett
A4 Tuesday	6:30 PM-8:00 PM	Overland
A4 Wednesday	Noon-1:30 PM	Bartlett
A4 Friday	11:00 AM-12:30 PM	Nam
A4 Saturday	8:00 AM-9:00 AM	Bartlett
A4 Sunday	3:30 PM-5:00 PM	Robison
A4 Thursday	8:00PM-9:30PM	Cotton

Level 5 (Advanced, Club Rating 3.5 and up)

Class	Day(s)	Time	Instructor
WW	Fri	6:30 PM-8:00 PM	Overland
WW	Sat	1:00 PM-2:30 PM	Overland
Games	Sun	12:30 PM-2:00 PM	Cotton

JUNIORS

10 & Under Tennis (QuickStart)

Class	Day(s)	Time	Instructor
Red 1	Sat	10:00 AM-11:00 AM	Robison
Red 2	Sat	9:00 AM-10:00 AM	Robison
Orange	Sat	11:00 AM-Noon	Robison
Green Dot	Sat	Noon-1:00 PM	Robison
Futures	Sun	11:00 AM-12:30 PM	Robison

Level 1 (Beginner)

Class	Time	Instructor
J1 Saturday	1:00 PM-2:00 PM	Bartlett

Level 2 (Intermediate)

Class	Time	Instructor
J2 Saturday	Noon-1:00 PM	Bartlett
J2 Monday	7:00 PM-8:00 PM	Bartlett

Level 3 (Advanced Intermediate)

Class	Time	Instructor
J3 Monday	3:30 PM-5:00 PM	Bartlett
J3 Wednesday	5:00 PM-6:30 PM	Bartlett
J3 Friday	4:30 PM-6:00 PM	Bartlett
J3 Friday	7:00 PM-8:30 PM	Bartlett
J3 Saturday	10:30 AM-Noon	Bartlett

Level 4 (Advanced)

Class	Time	Instructor
HS Vars. Sat	3:30 PM-5:00 PM	Overland
HS Vars. M/W	3:30 PM-5:00 PM	Jackson
J4 Sunday	5:00 PM-6:30 PM	Robison

High Performance

Class	Day(s)	Time	Instructor
HP 2	T/Th	5:00 PM-6:30 PM	Jackson
HP 3	T/Th	6:30 PM-8:00 PM	Jackson
Matchplay	Thur	8:00 PM-9:30 PM	Jackson



Summer Memberships On Sale Now!
Just \$100 plus tax. Membership lasts
Memorial Day through Labor Day.
Summer Members gain access to Adult
Summer Leagues and pay no guest
fees. Tell your friends!